

## Total Shoulder Arthroplasty Rehabilitation Guidelines

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### Total Shoulder Arthroplasty Rehabilitation Guidelines

Rehabilitation Protocol for Total Shoulder Arthroplasty and Hemiarthroplasty This protocol is intended to guide clinicians and patients through the post-operative course after a total shoulder arthroplasty (TSA) and hemiarthroplasty. Specific interventions should be based on the needs of the individual and

### Rehabilitation Protocol for Total Shoulder Arthroplasty ...

Total Shoulder Replacement 1 PH: 1300 746 853 Total Shoulder Replacement Rehabilitation Guidelines The following is a detailed outline of the rehabilitation regime for patients who have had a Total Shoulder Replacement by Dr. Macgroarty. Each case can be very different depending on the goals of the patient, the age of the

### Total Shoulder Replacement Rehabilitation Guidelines

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Total Shoulder Arthroplasty Rehabilitation Guideline This rehabilitation program is designed to return the individual to their activities as quickly and safely as possible. It is designed for rehabilitation following total shoulder arthroplasty. Modifications to this guideline may be

## **Total Shoulder Arthroplasty Rehabilitation Guideline**

Rehabilitation Guidelines for Shoulder Arthroplasty and Reverse Ball and Socket Arthroplasty The anatomic configuration of the shoulder joint (glenohumeral joint) is often compared to that of a golf ball on a tee. This is because the articular surface of the round humeral head is approximately four times greater than

## **Rehabilitation Guidelines for Shoulder Arthroplasty and ...**

Rehabilitation Guidelines for Total Shoulder Arthroplasty and Hemi-arthroplasty . Josef K. Eichinger, MD . General Information • Total Recovery time is between 4-6 months depending on factors such as injury severity, patient sport/activity/age and type of repair.

## **Rehabilitation Guidelines for Total Shoulder Arthroplasty ...**

Total Shoulder Arthroplasty Rehabilitation Guideline This rehabilitation program is designed to return the individual to their activities as quickly and safely as possible. It is designed for rehabilitation following total shoulder arthroplasty.

## **Total Shoulder Arthroplasty Rehabilitation Guideline**

REVERSE SHOULDER ARTHROPLASTY REHAB GUIDELINES \_\_\_\_ These guidelines should be tailored to individual patients based on their rehab goals, age, precautions, quality of repair, etc. Progression should be based on patient progress and approval by the referring physician. PHASE 1 Day 1 through Week 2 GENERAL GUIDELINES AND PRECAUTIONS

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## **REVERSE SHOULDER ARTHROPLASTY REHAB GUIDELINES**

Rehabilitation Following Total Shoulder Arthroplasty. J Orthop Sports Phys Ther. 2005; 35 (12): 821-836. Please Note: Patients with a concomitant repair of a rotator cuff tear and/or a TSA/HHR secondary to fracture or cuff arthropathy should be progressed to the next phase

### **Physical Therapy Total Shoulder Arthroplasty ...**

Learn more about the rehab, recovery time, & exercise protocols for total shoulder replacement surgery. General Considerations: Use of a sling for 3 weeks post-op unless otherwise indicated. No pulley in the first 6 weeks.

### **Total Shoulder Replacement Surgery Rehab Protocol & Recovery**

Total shoulder arthroplasty (TSA) is indicated for patients with glenohumeral arthritis. In this procedure, the humeral head and glenoid surface are replaced with prosthetic components. Reverse total shoulder arthroplasty (RTSA) is indicated for patients with glenohumeral arthritis and a poorly functioning rotator cuff.

### **A Systematic Review of Proposed Rehabilitation Guidelines ...**

SHOULDER REHABILITATION GUIDELINES FOR TOTAL SHOULDER REPLACEMENT Total shoulder replacement is performed for either osteoarthritis or rheumatoid arthritis of the glenohumeral joints. Hemiarthroplasty of the shoulder is performed for fractures of the shoulder or rotator cuff arthropathy.

### **SHOULDER REHABILITATION GUIDELINES FOR TOTAL SHOULDER ...**

Background: Total shoulder arthroplasty (TSA) is indicated for patients with glenohumeral arthritis. In this procedure, the humeral head and glenoid surface are replaced with prosthetic components. Reverse total shoulder arthroplasty (RTSA) is indicated for patients with glenohumeral arthritis and

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a poorly functioning rotator cuff.

## **A Systematic Review of Proposed Rehabilitation Guidelines ...**

Synopsis. Reverse or inverse total shoulder arthroplasty (rTSA) is becoming a widely accepted surgical intervention. This procedure is specifically designed for the treatment of glenohumeral (GH) joint arthritis or complex fractures, when associated with irreparable rotator cuff (RC) damage or in the presence of RC arthropathy.

## **Rehabilitation Following Reverse Total Shoulder Arthroplasty**

Edmonton Region Shoulder Rehabilitation Guidelines - Total Shoulder Arthroplasty Surgery Date: \_\_\_\_\_ Surgeon: ... • Advise on limitations of joint replacement procedure (i.e. contraindicated activities/sports) • Functional GH joint AROM AROM should be painfree and

## **Edmonton Region Shoulder Rehabilitation Guidelines - Total ...**

The intent of this protocol is to provide the therapist with a guideline for the postoperative rehabilitation course of a patient that has undergone a Total Shoulder Arthroplasty (TSA) or Hemiarthroplasty (Humeral Head Replacement, HHR).

## **Total Shoulder Arthroplasty/Hemiarthroplasty Protocol**

Standardized, consensus and evidence derived post-operative shoulder rehabilitation guidelines for patients following Arthroscopic Bankart, Arthroscopic/Mini-Open Rotator Cuff Repairs and Total Shoulder Arthroplasty have been developed by a multidisciplinary team of physical therapists, orthopedic surgeons and physicians known as SURGE (Shoulder and Elbow Research Group of Edmonton).

## **Shoulder Rehabilitation Guidelines | Faculty of ...**

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Reverse shoulder arthroplasty (RSA) shows a growing number of implantations and is a valuable option to improve shoulder function and decrease pain. However, there is no consensus concerning the rehabilitation protocol following surgery. To review and evaluate current rehabilitation contents and protocols after RSA by reviewing the existing scientific literature and providing an overview of

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### **Rehabilitation following reverse shoulder arthroplasty ...**

There are a few significant differences in post-operative guidelines between a total shoulder arthroplasty (TSA) and reverse shoulder arthroplasty (RSA) primarily due to rotator cuff arthropathy. Deltoid function and periscapular strength become primary sources of shoulder mobility and stability.

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